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## TRINITY SUNDAY C

15th June 2025

A short act of worship and daily devotions

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## Opening prayers

God who is relationship,  
show me how to live from a place of love and healing in my own networks and communities.

God who is togetherness,  
show me how to build bonds of unity, not uniformity.

Creator God I give thanks for this world, all around me,  
for the love you have for me, and each of us.

Forgive me when my faith is small and weak.  
Even when I doubt you, help me remember you know and love me, just I am.

God who is creative tension, three in one,  
show me how to be creative in your name, I pray

Amen.

**You may now wish to say the Lord's Prayer in a version or translation with which you are familiar.**

**Reading:** John 16:12-15 – [Click for reading](#)

## Responding to the reading

Today's Gospel story takes us into John 16, and here Jesus offers words of both comfort and challenge to his disciples: "I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth."

These words are spoken in the quiet but charged atmosphere of the Last Supper. Jesus knows the road ahead will be confusing and difficult. He also knows that the disciples – like all of us – can only take in so much at once. But instead of giving them a complete roadmap, he promises them something better: the Spirit of truth, who will guide them step by step, moment by moment, into a deeper understanding.

The dance of the Trinity of God entwines Creator, Son and Spirit in a spiral of interlocking understanding. The dance of God, within God's very self, the perplexing nature of Jesus, the invisible and unpredictable work of the Spirit and the initiating and sustaining Creator of all things visible and invisible, each coming into focus and disappearing in a blur as we wrestle with Scripture, experience and reason in our human search for meaning. Today is Trinity Sunday and it's absolutely fine to be baffled!

This passage is a beautiful affirmation of ongoing revelation. Jesus does not expect his followers to know everything all at once. He understands that truth unfolds. He knows that understanding takes time, and that the Spirit continues to speak in new and necessary ways.

This is grace. Grace that says: you don't have to have it all figured out. Grace that allows room for growth, for questioning, for learning. And grace that trusts the Spirit is still at work – in us, in our communities, in the world. But this grace doesn't leave us standing still. It

calls us to be responsive – to listen carefully, to discern bravely, to trust that the Spirit may lead us into new truths that challenge old assumptions.

Sometimes, the Spirit will affirm what we've always known. Other times, the Spirit will stretch us, confronting our comfort and expanding our compassion. So today, ask yourself:

- Am I open to the Spirit still speaking – to me, and through others?
- Where might God be inviting me into a deeper, broader, or more inclusive truth?
- How can I walk more humbly, knowing I don't have all the answers, but I do have a guide?

Jesus' promise is not of a static faith, but of a dynamic relationship with the Divine: ever-evolving, ever-deepening, always grounded in love and guided by the Spirit.

May we be people who listen for that Spirit. May we trust that the truth is still unfolding. And may we walk forward in grace, ready to be changed. Come, Spirit of Truth. Guide us into all truth, and teach us to follow with courage and love.

### **Responding in music**

370 STF – Breathe on me, breath of God – [YouTube](#)

### **Responding in prayer**

God of love

God of hope

God of life,

How can I pray when the world is so troubled?

How can I respond to your love?

How can I change the hearts of the powerful?

How can I heal when I am also broken?

God of hope

God of life

God of love,

You are prayer

And within the dance of your being

You continue to create, inspire and dwell with each of us.

Dance within me, change me,

Inspire me with hope

Reveal to the world around me, the grace-filled way of Jesus,

This is my prayer today, Amen.

### **Blessing**

The glory belongs to you, O God,

And for that glory I will work,

I will hope,

I will pray.

This week, help me, help each of us, to reflect your glory,

In the name of the Parent, the Christ and the Spirit,

Amen.

# Prayers and Prayer Pointers

## Monday 16<sup>th</sup> June

- Ripple prayers:
  - o Draw yourself a circle on a piece of paper, about 2 inches wide. Inside it, write the names of close friends and family members that you would like to pray for.
  - o Around this small circle, draw another bigger circle, about an inch from the edge of the first. In the gap between the small circle and the outside of the bigger circle, write the names of anything or anyone in your local community that you would like to pray for.
  - o Now draw a final larger circle around the second circle. In the gap between the second and this third circle, write the names of anything or anyone in the wider world that is on your heart and that you would like to pray for.

## Tuesday 17<sup>th</sup> June

- As you eat a meal today, consider where your food has come from. Where might it have grown? Been picked? Been packaged? How might it have travelled to you?
- Thank God for all those places and people involved in your food's journey and pray for their wellbeing.

## Wednesday 18<sup>th</sup> June

- Today is Autistic Pride Day, recognises the importance of pride for autistic people and its role in bringing about positive changes in the broader society.
- Today we pray prayers of thanksgiving and celebration for the people in our lives and communities with autism, and gratitude for all who are rethinking the way our world works so it is more accessible and suitable for the neurodiverse community.

## Thursday 19<sup>th</sup> June

- On this day in 325, the original Nicene Creed was adopted by the First Council of Nicaea. The church has been through a lot of changes since then, but the essential basis of faith has remained the same.
- Today, let us pray for all church leaders around the world – those seeking to find the balance between an ancient spirituality and maintaining a institution that is seeking to do some good in the world.

### **Friday 20<sup>th</sup> June**

- Today is World Refugee Day, so perhaps you might like to join in this prayer:
- Migrant, moving, Spiritual God,  
I pray for all who have been displaced,  
All who are not able to be in the place they call home this day,  
All who have had to make a life in a temporary place where they do not want to be.
- Come, Lord of all grace,  
That the world may become a fairer, better, kinder place,  
Where all can have a safe home and find a welcome,  
Amen.

### **Saturday 21<sup>st</sup> June**

- Reflect on times in your life that you have felt God's presence most strongly. Where were you? How did it feel? Consider telling a friend or family member about one of these times, or writing the experience down.